

THE SPA

AT AVA

[menu](#)





MASSAGE

AVA RELAXING EXPERIENCE

A blend of traditional massage movements to promote relaxation and detoxification for allover balance and well-being

50 min. \$ 199 USD | Couples \$ 440 USD
80 min. \$ 240 USD | Couples \$ 520 USD

CUSTOM AROMATHERAPY

A custom blend of aromatic oils combined with gentle stretching to calm the mind, and hydrate and nourish the skin

50 min. \$ 210 USD | Couples \$ 460 USD
80 min. \$ 250 USD | Couples \$ 540 USD

STRESS RELIEF & RELAXATION

Designed to relieve deep muscular tension, improve flexibility and enhance range of motion using slow, gentle movements and targeted pressure

50 min. \$ 240 USD | Couples \$ 520 USD
80 min. \$ 280 USD | Couples \$ 600 USD

VOLCANIC STONE THERAPY

Designed to relieve muscle pain, tension, and fatigue using a combination of volcanic stones at a range of temperature settings to restore your balance in body, mind and soul

80 min. \$ 280 USD | Couples \$ 600 USD

Prices are in U.S. dollars and are subject to change without prior notice. Services are subject to availability. The Resort Credit applies to all services on the menu. A service fee will be applied to treatments according to your contract or current promotion. All services require prior reservation. No refunds will be given if a guest does not show up for a scheduled service; "no-shows" will be charged at full price. Changes or cancellations must be made at least 24 hours before the appointment.



BODY

treatments

SUN SOOTHE

Designed to alleviate discomfort caused by excessive sun exposure, using a refreshing skin wrap to reduce redness and inflammation

50 min. \$ 210 USD

AROMATHERAPY SCRUB

Designed to renew and soften your skin using a delicate custom exfoliant created from salts and aromatic oils

50 min. \$ 210 USD

ORGANIC FIRMING TREATMENT

Designed to recover the skin's elasticity and firmness while relaxing body and mind, using an organic, customized exfoliant made from local salts and essential oils, followed by a traditional massage

110 min. \$ 425 USD

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FACIALS

AVA SIGNATURE FACIAL

An advanced, highly effective treatment created to relax the use of lines and wrinkles and reveal smooth, was skin, with a visible lifting element that helps to define facial contours

80 min. \$ 350 USD

CREATED JUST FOR MEN

A classic blend of hydration and purification to leave the skin clear and smooth

80 min. \$ 350 USD

AGE-DEFYING RECOVERY

Designed to rejuvenate the skin, recover definition and enhance firmness, using natural, nutrient-rich active ingredients and gentle facial massage

50 min. \$ 260 USD

DEEP HYDRATION

The ideal treatment for deep hydration, designed to reveal instant radiance and vitality

50 min. \$ 260 USD

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RITUALS

VITAMIN C RADIANCE

A citrus-based facial and body experience that immerses the skin in a concentrated dose of Vitamin C to provide deep hydration, firming, and radiance, and help minimize signs of aging

130 min. \$ 470 USD

AVA SIGNATURE MINDFULNESS

A sensory facial and body experience designed to release muscle tension, purify and restore the skin's natural radiance

130 min. \$ 470 USD

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RITUALS

for two...

DEEP CONNECTION

30 MIN. PRIVATE HYDROTHERAPY - 70 MIN HOT STONE
30 MIN SKIN DETOX - 20 MIN. TEA CEREMONY

A peaceful, deeply relaxing experience to eliminate tension and stress using hot stone massage, followed by a purifying facial and dedicated time for quiet reflection

150 min. \$ 940 USD

IN PERFECT BALANCE

30 MIN. PRIVATE HYDROTHERAPY
FACE & BODY MASSAGE 100 MIN. - 20 MIN. TEA CEREMONY

A combination of aromatherapy, body massage, and firming facial massage, designed to cultivate overall well-being using essential oils customized to your preferences, followed by a few moments of focused reconnection with your partner

150 min. \$ 940 USD

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EXPERIENCES *for two...*

SPA DAY

30 MIN. JACUZZI - 50 MIN. RELAXING MASSAGE
50 MIN. ANTI AGE FACIAL

Designed to relax and relieve muscle tension, recover the skin's firmness and elasticity, and rejuvenate body, mind and soul, using a blend of custom natural oils and massage techniques customized to your preferences followed by a facial that restores firmness and elasticity

130 min. \$ 690 USD

TWICE THE SERENITY

30 MIN. JACUZZI - 30 MIN. BODY SCRUB - 70 MIN. TAILORED MASSAGE

A sensory body experience designed for intense relaxation, hydration and renewal, beginning with a gentle body exfoliation using a custom blend of local salts and essential oils, followed by a massage tailored to your preferences and designed for whole-body wellbeing

130 min. \$ 690 USD

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HYDROTHERAPY

HYDROTHERMAL EXPERIENCE

Find the stillness of your body, soul and mind, immersing yourself in an atmosphere of emotional healing, which in conjunction with the temperature contrasts will provide your body an energizing shot of well-being. Let yourself be carried away by moments of deep relaxation and healing through water

\$80 USD

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